

Disability Arts, Outsider Art, art, artists and art lovers, organisations and venues.

issue 16



# Cafe LUA

Thinking fish, talking fish,  
making fish. **May 14th 2pm**  
Salisbury Arts Centre Cafe

# Welcome

Summer is upon us and we have much for you to get involved with over the next few months at LUA!

Dust off your camera and hone your photography skills by sending us serene snaps of the sky, on 30-31 May, and contribute to Salisbury Arts Centre's event 24 hour Salisbury

And – don't forget we're getting Arty-fish-al this season too! We're still on the look-out for contributions for our summer exhibition at SAC. Come and share your ideas and get fish-making at Café LUA on 14 May.

An image or description of your fishy work needs to be with us by 2 June and the piece itself delivered to SAC between 24 – 30 June. Remember, we're also looking for live contributions too – read on, and contact us ASAP, if you'd like to take part!

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# LUA CURRENTLY: CONTRIBUTIONS NEEDED!

We have two exciting opportunities to get involved with this summer! Join us creatively and contribute with LUA to SAC's exhibitions **24 hour Salisbury** and **Arty-fish-al-things....**

## 24-HOUR SALISBURY

**Noon – Noon, 30 May – 31 May**

Salisbury Arts Centre will be capturing a visual representation of the city over 24 hours and are asking everyone to share their favourite time of day or night in a creative/written form.



## 24 hours of sky

LUA plans to participate with a colour hunt. You are invited to join us in photographing the shades of Salisbury sky – please register your interest now for more details.

[admin@linkuparts.org.uk](mailto:admin@linkuparts.org.uk)

24 hours of blues will be a group project, but you

may wish to do your own colour hunt – do let us know and look out for further information which will be appearing on our website:

[www.linkuparts.org.uk](http://www.linkuparts.org.uk).

Contact us now to learn more about LUA participation in 24-hour Salisbury and other ways you might wish to take part in our colour hunting: [admin@linkuparts.org.uk](mailto:admin@linkuparts.org.uk)

NB: 24-hour Salisbury will be taking place at Salisbury Arts Centre and NewRED Studios in the city centre, if you'd like to get involved with 24 hour Salisbury in another way, please visit

<http://www.salisburyartscentre.co.uk/whats-on/Event.aspx?EventID=1005> to find out more!

## ARTY-FISH-AL THINGS

**Homegrown: Artificial Things at Salisbury Arts Centre: 3 July - 17 August 2014**

**Image/description deadline: 2 June 2014**

**Delivery of entries: 24-30 June 2014**

**Performance showcase and Preview: 2 July 2014**

Fishing for your unique representation of some marginalised aspect of yourself (or something that provokes the real/natural/artificial debate), interpreted as a fish, LUA is keen to exhibit a fantasy shoal as part of 'Artificial Things'. Homegrown is Salisbury Arts Centre's annual showcase of home-grown art, created by the artists, users, participants and this year: staff and trustees.

Inspired by the glass meeting place known as the goldfish bowl (in the SAC office), and not a little unaffected by the sheer volume of water drowning the Salisbury water meadows, we're calling for you to get arty-fish-al.



Fabric fish, paper fish, collage fish - do get creative. We have some links to free patterns for knitted fish and origami fish; Kingfisher poets are pondering fishy-shaped writings and LUA committee has begun assembling a mix of found and created parts into almost

recognisable members **of the paraphyletic group of organisms (Wiki definition of fish!)**

**Please let us know (contact details are on the back page) as soon as possible, if you would like to take part, or don't hesitate to get in touch, should you require assistance in participating. An image or description of your finished work needs to be with us by 02/06/14. And the finished artwork delivered to SAC between 24-30 June. The exhibition will run until 18/08/14.**

**We also hope to create material for a spoken word montage as part of the performance event and are looking for contributions – please do contact us with your ideas, if you are interested in taking part!**

Useful links to **FREE** patterns – also available on our website/ via email: <http://www.origami-instructions.com/origami-angelfish.html>

<http://www.instructables.com/id/Theres-something-fishy-in-my-pocket/>

# COMING UP AT LUA.....

## **What's happening?**

LUA are delighted to announce that we have a new creative writing/story recording workshop programme just around the corner!

In early March, LUA Committee members Gini and Hayley met with Brighton-based writer and story-teller Liz Porter, to talk about her new one-woman-show which she is in the process of developing.

They discussed bringing the finished work to Salisbury Arts Centre later in the year, and also ways in which LUA could work with story-gatherers and facilitators, inspired by Liz's infectious enthusiasm, to develop our own workshops to collect and record local and personal stories.

It is early days, but it is likely that, funding permitting, the workshop programme will start in the autumn.

## **Liz Porter's one-woman-show, 'Learning to See'**

'Learning to See' is currently in its early stages of Research & Development and explores her journey living with visual impairment.

Liz is currently recording short films with her life story at the heart. Themes include: identity and acceptance/non-acceptance, peer pressure, equality, miscommunication and perceptions of disabled people and the whole idea of 'learning to see'. Liz plays with metaphors surrounding these themes – so far up to age 30.

Liz says "This piece of work is not just about metaphor and me but also about how you 'tell' the story." She hopes that people will be able to watch her story, then, through workshops tell their own.

The LUA team is very much looking forward to working with Liz - bringing her new one-woman show 'Learning to See' to Salisbury and benefiting from her talent and enthusiasm in our workshop project – watch this space!

# REVIEW

Impermanence Dance Theatre

[www.impermanence.co.uk](http://www.impermanence.co.uk)

**Various venues until 10<sup>th</sup> August 2014**

**See website for details.**

**Gini (LUA) was at the performance and post show chat in Salisbury at Salisbury Arts Centre on 22 April 2014:**

On Wednesday 22 April I attended a performance by Impermanence Dance Theatre. It was billed as something unique, the culmination of hundreds of workshops across the country, with a broad spectrum of participants who inspired the semi-improvised show.

It was a good evening; I came home feeling refreshed and inspired.

Early on Thursday morning an email invited me to complete a 3-point mini survey about my experience - to allocate stars and to write a review - if I felt I wanted to.

Here it is:

1: If I had a pocketful of stars I would seek out the sparkliest one for Impermanence Dance Theatre's ability to relate to their audience in a powerful, professional, confident manner.

I would find another gleaming star for the surprise and intrigue of the performance and a third, throbbing and pulsing, would scatter bright dust over each dancer for technical ability.

There would be a star for richness of visual experience - the enticing, satisfying reveal of a landscape well-crafted for the piece and showing great promise for future sets.

And I would then maybe find some leftover bits of star for the sound - which was mostly well integrated, woven into the surprise with such thoughtfulness that it was distressing to experience two points in the hour where I needed to turn down the volume, to take off the sharp edge that overwhelmed the dancers' movements with noise.

There might be a little dust leftover for innovative use of venue, but fun as it was to sit looking down into the blackness of Main Space, I would really have liked to be sitting among the dancers, confident of being taken safely on this intelligent, well-crafted journey of discovery.

Just inside the edges of consciousness  
where gravity and continuity remain  
unsustainable, Impermanence travels  
a journey of almost memories, caught  
from the unfinished movement and soundscape  
of unmade relationships, unspoken words gleaned  
from the body speak of timeless mythology.  
And I almost comprehend there is no beginning,  
there is being, relating and unrelating;  
watching and waiting, but never not dancing.  
And I grow. I grow into this wealth that is  
almost the edge of unnoticed and yet  
in the moment, everything I could carry,  
and touching, touching on all I could bear.

2: Salisbury Arts Centre gets stars, always. Stardust illuminates the variety of surprises, challenges, favourites and chances; sparkles over its outreach and it's welcoming confidence and bravery. How many? Just go there I say, count them yourself and let them impress you with something you love; with something you've never tried; with something that takes your fancy.

3: Relative to my life and circumstances, art is frequently financially out of reach; a luxury to be exchanged for food or other essentials to mere existence.

Relative to Artists and Venue circumstances Salisbury Arts Centre prices are a miracle of carefully managed resources.

Art, including Impermanence Dance Theatre, is well worth living on air for...

**By Gini**

# INTRODUCING DIVERSE FUTURES

**LinkUpArts is proud to be an organisation listed on Diverse City Theatre Company's new web resource for Young people who want to forge a career in the Arts. DC's Producer, Alice Chutter reveals more about the new initiative, partnered by Activate Performing Arts**

Diverse City are committed to supporting young people in integrated practice and, with support from the Esmee Fairbairn Foundation and partners Activate Performing Arts, are delivering a 3 year project called Moving On. The Moving On project will help develop a more inclusive approach to education and progression routes for young people in the UK.

The project will achieve this through a variety of strands including delivery of coaching, workshops and performances for young people based in Dorset and a nation-wide Research & Mapping exercise.

LinkUpArts will feature on a brand new website – Diverse Futures - which shows progression routes for young people who are disabled who wish to pursue a professional career in the performing arts.

Diverse City's Chief Executive, Claire Hodgson, says, "Users will also be able to access case studies of artists who are disabled outlining how they progressed in their particular art form."

Diverse Futures is currently under development and due to launch in May 2014. Visit [www.diversecity.org.uk](http://www.diversecity.org.uk) for further information.

**By Alice Chutter**

# POETRY: LAUNCHING NEW TALENT

**Poet and performer Shaine Singer, from Bournemouth launches his first book of poems on June 1<sup>st</sup>. Tam Gikbert talks more about her friend and colleague's journey so far**

To many, Shaine Singer may be more familiar as a favourite face from series 1 of Chanel 4's controversial 'Undateables' – indeed, he's been followed twice.

But there is way more to Shaine than the programme reveals: I know him to be a charismatic poet and performer, who has been involved with disability and community arts for over 9 years and who is also a very active member and Trustee at Bournemouth People First, an organisation advocating for the rights and access issues for learning disabled people.

Shaine has been an emerging artist and mentor with the Remix Integrated Youth Performing company for over 5 years. He's also an actor with Double Act Disability Theatre and his performances in the likes of 'Scrooge,' the Wizzard of Oz' and 'Labelled' (a play tackling bullying of learning disabled people) have delighted school and arts centre audiences.

Most recently, he performed in 'Breathe' a piece that opened the Olympic and Paralympic Sailing events in Weymouth, in which both companies were involved. Notably, he was chosen to represent Double Act in Brazil, when Lead Artists took two performers from each group to represent the company at a residency with a group of learning disabled dancers, who would travel to Dorset to perform in the final show.

Shaine's poetry has always been a huge part of performances and his everyday life. He tells me he writes to escape his childhood memories of being different, something we both find hard to comprehend, as he attended a SEN school where, he says, "everyone was 'different'."

What kept him going, Shaine says, "is the conscience and belief that {he} could beat the bullies."

I was thrilled to hear recently, that after 20 years of poetry writing, his first book – 'the Book of Shaine' – will be available on June 1<sup>st</sup>, featuring 70 of his 3,100 poems. You can pre-order your copy for £5.99 and find out more at

[http://gjbpublishing.co.uk/The\\_Book\\_of\\_Shaine.html](http://gjbpublishing.co.uk/The_Book_of_Shaine.html).

I know that the launch is a huge personal stepping stone for Shaine, who is, I think, a great and inspiring role model for others.

## 'At the bus Stop'

I'm waiting for a bus  
One hot Easter Sunday  
Off to mum's for lunch  
Just after mid-day

I look on up  
At the busy road ahead  
Minding my own business  
A poem in my head.

Suddenly from the left  
A big black jeep appears  
Window winds down, blasting  
House music and jeers.

Then it speeds off  
Round the Wessex Way  
And comes back again  
Now what'll they say?

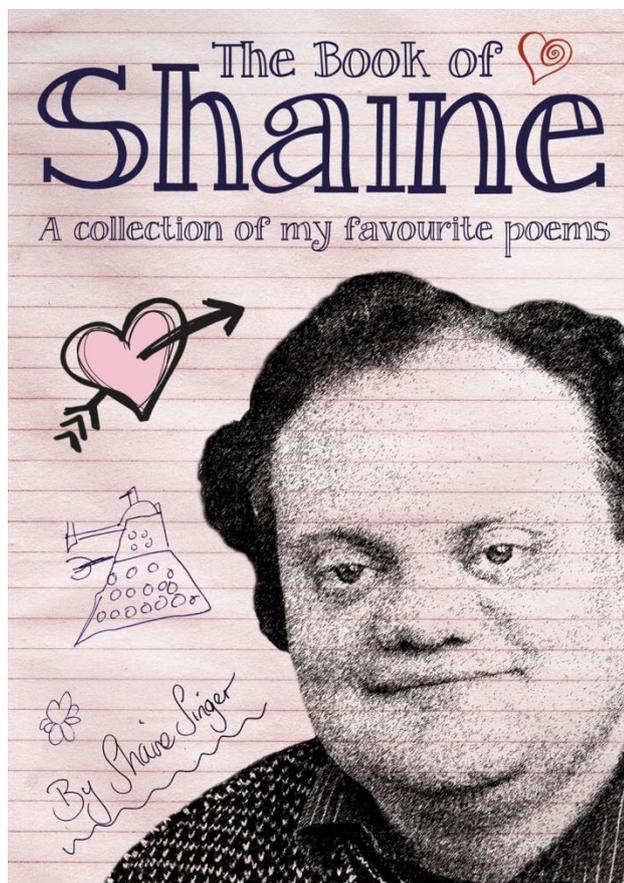
I recognise one of them  
From Youth Service shows  
I used to read poems  
He used to breakdance.  
mentally  
Now here we both are  
On Easter Sunday  
A voice in my head says  
HELP!

I sat there a long time  
Lost and alone  
Stuck forever  
In the Danger Zone.

Why did he turn on me?  
He used to be friendly.  
My life's all gone wrong  
I'm eaten up with envy.

He showed me up  
In front of his mates!  
He's such a cool dude  
And I'm just a loser.

So that's it for me  
Something has died.  
I've lost an old friend  
No more poetry.



As a result of this incident, Shaine stopped writing for many years and was left feeling physically dirty and scarred.

**By Tam Gilbert**  
**Poem by Shaine Singer**

# SALISBURY: OUR ARTS CENTRE

Attendees at April's Café LUA enjoyed a discussion with Salisbury Arts Centre's Director, Gemma Okell, finding out what's in store over the next few months and sharing thoughts and opinions about the Arts Centre and its shows....

## **Some Key facts about Salisbury Arts Centre in 2012/13:**

- ❖ 1,744 events in 2012/13; that is an average of over 4 events every single day of the year!
- ❖ 62,000 attenders at these events in 2012/13
- ❖ 272 performances and screenings – a 10% increase from 2011/12
- ❖ 8 exhibitions
- ❖ 1114 artistic workshop sessions and 306 other participatory events
- ❖ Over 10,000 young people's attendances
- ❖ Over 100 local organisations used Salisbury Arts Centre's services and spaces

## **Access Information and Disability Arts Offers**

- ❖ A warm welcome and the hope of making everyone feel part of the Arts Centre
- ❖ Affordable tickets, including free tickets for essential companions
- ❖ Reserving space / seats (if requested)
- ❖ Large print / on disc brochures on request
- ❖ Blue badge holder parking spaces
- ❖ Funding application that hopefully will enable us improvement to lift and side doors

- ❖ Training for workshop leaders to accommodate people with disabilities into ongoing programme, and specific opportunities (such as Zone Club) when not possible
- ❖ Partnership with LUA including discounted tickets for specific events
- ❖ Events including artists with disabilities as part of programme, including Stopgap, hosting Café LUA, invitation to be part of exhibitions

## **How Can you support your Arts Centre?**

- ❖ Come to events and encourage your friends and family to do so!
- ❖ Be an advocate for the arts centre – distributing brochures, talking to local councillors and Mps about the importance of funding the arts
- ❖ Financially support our charitable status – becoming a member, business member or using the donations box Talk to us, offering feedback both positive and negative

If you'd like to get involved in any of the above, why not check out the website, email Gemma on [gemma@salisburyarts.co.uk](mailto:gemma@salisburyarts.co.uk) or visit the arts centre and ask at the box office for more information?

## **And finally....what should you see this season?**

There's always so much on offer at SAC, but here are just a few things to whet your appetite:

### **SAC's Family theme includes:**

- ❖ 'Matilda and Me' – Ria Hartley - 7 May
- ❖ 'Team of the Decades' – Will Dickie – 14 May
- ❖ 'Our Fathers' Babakas – including a post-show panel discussion 'Thinking about Our Fathers' – 14 May
- ❖ 'OurFathers'Babakas– including post show panel discussion
- ❖ Nebraska – 15 May

## **Music:**

- ❖ Spiro – 18 April (English folk)
- ❖ Graham Gouldman's Heart Full of Songs – 8 May (pop and classic songwriting from 10cc)
- ❖ Shooglenifty – 22 June (Celtic traditional "heritage and hedonism collide")
- ❖ The Reverend Peyton's Big Damn Band – 11 July (country, blues & rockabilly)

## **Artificial Things:**

- ❖ Homegrown – 2 July
- ❖ Family Fiesta – 6 September
- ❖ Stopgap – 12 November

**To find out more about any of the above shows and more, visit [www.salisburyarts.co.uk](http://www.salisburyarts.co.uk).**

## **Future discussions with LUA:**

Arts Centre Staff will be meeting Café LUA members regularly to discuss the programme and share ideas. The next discussion with Gemma is scheduled for Wednesday 8 October at 2pm – do please join us, if you'd like to have your say and hear more detailed information!

## **Artwork in this issue:**

**Front cover:** by Gini - 'Arty-fish-al Things' for SAC'S Homegrown Exhibition/showcase event

**Page 3:** Photograph of Salisbury Cathedral from [www.bestvaluetours.co.uk](http://www.bestvaluetours.co.uk)

**Page 4:** Photograph of fabric pocket fish from <http://www.instructables.com/id/Theres-something-fishy-in-my-pocket/>

**Page 10:** Front Cover – 'The Book of Shaine' –GJB Publishing

Kingfisher  
Writers

# MEMORY AND IMAGINATION

A Creative Writing Workshop



This one-day creative writing workshop will be facilitated by

**Rose Flint,**

artist, art therapist, acclaimed poet and lead writer on the  
Kingfisher Project in Salisbury.

For more details please contact Salisbury Arts Centre.

**10.00am - 4.00pm**

**Saturday 21st June 2014**

**Salisbury Arts Centre**

Bedwin Street, Salisbury SP1 3UT

Box Office 01722 321774

**Tickets: £55**

When we write we are creating something that did not exist before; each new piece of writing is a new beginning. With this in mind participants will be encouraged to explore, to allow for surprises, and find the truly creative and unpredictable that emerges from each endeavour. Participants will be given an opportunity to extend their awareness of different styles of poetry.

Acknowledging that there is no "right way" to write, participants will be given the opportunity to explore their own unique style, and create original work. Participants will take home a folder to motivate further endeavour

For details visit <http://www.salisburyartscentre.co.uk/whats-on/Event.aspx?EventID=1022#sthash.AdW5T2GT.dpuf>

# REMINDERS FOR YOUR DIARY:

## Café LUA

May.....14<sup>th</sup> 2014  
June .....11<sup>th</sup> 2014  
July .....9<sup>th</sup> 2014

**Café LUA takes place every second Wednesday of the month (except August) at Salisbury Arts Centre from 14.00 to 16.00.** We usually meet in the café area, but specific projects can mean we are in one of the work spaces, do ask at the Box Office if you are in any doubt.

Café LUA is a social get together for artists with disabilities – an informal, open space for inspiration and discussion. However you are involved with or interested in the arts, do come along and meet us, find out about us, and about Disability Arts. We'd love to meet you and hear more about your arts practice or interests.

Each month, as well as open discussion and networking, we focus on a particular topic or issue.

### **Wednesday 14 May**

Join us at SAC for informal chat about LUA's contributions for Arty-fish-al Things. Got any questions about what you're making? Want to talk through your sketch or hear what others are planning? Bring your ideas, creativity and materials and start to make your fish in a fun and supportive environment!

### **Wednesday 11<sup>th</sup> June**

#### **Anna Maria Sigurjonsdottir, SAC (23 May – 29 June)**

Join us at SAC to view and discuss this exhibition, which is part of Salisbury International Festival.

Known for her explorations of her native land both socially and geographically Anna Maria Sigurjonsdottir is a photographer who lives and works in Reykjavík, Iceland. This series of stunning images, shot in the South of Iceland, captured the eruption of the volcano that caused a giant ash cloud to disrupt international air travel in April 2010. The event echoed the reach of the seismic financial collapse that shook the country and Europe in 2008 whilst also raising the international profile of the small island in the North Atlantic, its dramatic nature and spectacular scenery- See more at:

<http://www.salisburyartscentre.co.uk/whats-on/Event.aspx?EventID=1004#sthash.iNb8P08e.dpuf>

### **Wednesday 9<sup>th</sup> July**

#### **Homegrown: Artificial Things, SAC (3 July – 17 August)**

Join us to view and reflect upon the achievements of SAC's participants and leaders and take a look at LUA's collection of Arty-fish-al Things!

At the heart of LinkUpArts:



For more information about the career artists in LUAN: [linkupartistsnetwork@gmail.com](mailto:linkupartistsnetwork@gmail.com)

## NEWSLETTER FORMATS

You can receive this Newsletter in print form, it is **available in bigger type** and an audio cassette. You can also download it from [salisburyartscentre.co.uk](http://salisburyartscentre.co.uk) -> Resident Companies ->LinkUpArts



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Arts Centre Enquiries: 01722 343 020

LinkUpArts and Salisbury Arts Centre work together for the benefit of both organisations. LUA advises and consults with Salisbury Arts Centre on its Disability Arts programming and helps to promote the events. Salisbury Arts Centre gives LUA its home and provides marketing and administrative support. LUA is a strategic creative partner in Salisbury Arts Centre's Creative Family.

Registered office: Salisbury Arts Centre, Bedwin Street, Salisbury Wiltshire, SP1 3USt. Edmunds Arts Trust is a company limited by guarantee, trading as Salisbury Arts Centre. Registration no.1412263, incorporated in Wales, and a Registered Charity no. 1023945